



San Shou Kuan Info Starter Pack

Fees: Herts/Essex/E. London; monthly training fees, insurance & club membership are combined at discounted rates

Prices (Per Calendar Month)	
Sessions per week	Price per Month
1	£ 27
2	£ 35
3	£ 39
4	£ 45
5	£ 50
6	£ 55
7	£ 59
8	£ 60

E.g. 1 person x 3 per week **OR** 3 people training once a week = £39 a month.
(Family discounts up to 4 people from same household)

Prices for monthly automated internet banking or Standing Orders (S.O.)

(After completing secure online application form, please reply stating 1st payment date)

Please give **membership@sanshoukuan.com** 1 month's notice if you wish to cancel or change your number of sessions.



SSK Application Form:

<https://sanshoukuan.com/membership-application/>

Child Application Form:

(Little Dragons 5-9 years only)

<https://sanshoukuan.com/kids-app-form>



(Family applications, please use main **SSK Application Form** including all children)

Your online Payment Reference: Venue(s) - Student name (See examples & table below)

E.g. Amira Khan trains at Dan Tien on Sundays (day 7) = **D7AmiraK**; If Amira trains Sundays and Tuesdays = **D72AmiraK**

If more than one student; Venue - x total Students - oldest member's name

E.g. Amria and her 2 younger brothers train on Sundays = **D7x3AmiraK**

Monday = 1, Tue = 2, Wed = 3, Thu = 4, Fri = 5, Sat = 6, Sun = 7.

Your Unique Ref: (ask coach to help)	£ PCM
--- --	£.....

Watford, Herts	Class Ref:	Essex and N. Wales	Class Ref:	London	Class Ref:
Dan Tien Sunday (day 7)	D7	Chelmsford Tuesday (day 2)	C2	St. Catherine, Bow E3 Sat.	B6
Dan Tien Tues (day 2)	D2	--	--	Aberfeldy Boxing Club E14 Sat.	A6
Dan Tien Thurs.	D4	N. Wales (Bethesda)		Haringey College, N17, Wed.	H3
--	--	Tregarth Hall, Monday	Be1	Tokei Centre, SE1 Wed (all days)	T
Dan Tien Sun. (day 7) Under 7's (5-6 years)	D7U7	Tregarth Hall, Wed	Be3	--	--
Dan Tien Sun. (day 7) Under 9's (7-9 years)	D7U9	Tregarth Hall, Wed Under 9's (5-9 years)	Be3U9	Wandle Centre, SW18 Sat.	W6
--	--	--	--	Shepherds Bush, W12, Wed.	S3

PAYMENT DETAILS: San Shou Kuan Account number: **19196668** Sort code: **30 93 79**

Kit Prices: (via Instructor no P&P)

Little Dragons U9s uniform (Embroidered Dragon) £35

San Shou Kuan uniforms: Printed £39, Embroidered £50

Shin and Instep pads £12; Groin Guards £5.50

16 oz Boxing gloves from £25 ('£10 gloves from Argos' not suitable for class)

SSK embroidered Hoodies and Zoodies £25 (navy blue, charcoal or grey)

Technical Competition Shirt £15 - see website price list for more options



Gradings: **Your CHECKLIST: 1. Online Application form. 2. Set up Standing Order. 3. Ordered Kit from Instructor**

San Shou Kuan Belt Gradings £15 - (typically 3 – 4 a year). - Most Little Dragon gradings are free.

SSK membership gets you 50-100% discount on BCCMA (British Council of Chinese Martial Arts – Affiliated to IOC) courses on: *Nutrition, Fitness Assessments, Sports Psychology, Biomechanics, Safeguarding, First Aid and Coaching qualifications and entry to National competitions.*