

San Shou Kuan Info Starter Pack

Fees: Herts/Essex/E. London; monthly training fees, insurance & club membership are combined at discounted rates

Prices (Per Calendar Month)	
Sessions per week	Price per Month
1	£ 27
2	£ 35
3	£ 39
4	£ 45
5	£ 50
6	£ 55
7	£ 59
8	£ 60

E.g. 1 person x 3 sessions per week **OR** 3 people training once a week = £39 a month.
(Family discounts up to 4 people from same household)

Prices for monthly automated internet banking or Standing Orders (S.O.)
(After completing secure online application form, please reply stating 1st payment date)

('Tokei Centre', Surrey, Cambs and Wales Classes charge a £4 monthly membership by S.O. and a separate training fee paid direct to venue or instructor).

Please give membership@sanshoukuan.com 1 month's notice if you wish to cancel or change your number of sessions.

1. San Shou Kuan Application Form:
(Scan QR code or use link below for online form)



<https://sanshoukuan.com/membership-application/>

2. Your online Payment Reference:

THE APPLICATION FORM auto Email gives you a ref. code – please use for setting up your monthly payments.

(code is generated by: venue name, day,[1=Mon.. 7= Sun] student first name and initial)

E.g. Amira Khan trains at Dan Tien on Sundays (day 7) = **D7AmiraK** (discounted family membership will use oldest member)

PAYMENT DETAILS For setting up a monthly Standing order/online payment:

San Shou Kuan Account number: **19196668** Sort code: **30 93 79**

3. Kit Prices:

Your instructor has uniforms or can get avoiding P&P charges

Little Dragons U9s uniform (Embroidered Dragon) £35

San Shou Kuan uniforms: Printed £39, Embroidered £50 -->

Shin and Instep pads £12; Groin Guards £5.50 (see pictures) -->

16 oz Boxing gloves from £25 ('£10 gloves from Argos' not suitable for class)

SSK embroidered Hoodies and Zoodies £25 (navy blue, charcoal or grey) -->

Gradings: (Uniforms are required for gradings) Technical Competition Shirt £15 (see website price list for more options) --^

San Shou Kuan Belt Gradings £15 (typically 3 – 4 per year). Little Dragon also have smaller 'gradings' - most are free



SSK membership gets you 50-100% discount on BCCMA (British Council of Chinese Martial Arts – Affiliated to IOC) courses on: *Nutrition, Fitness Assessments, Sports Psychology, Biomechanics, Safeguarding, (plus DBS Certificate provider), First Aid and Coaching qualifications and entry to National competitions.*

Your CHECKLIST: 1. Online Application form. 2. Set up Standing Order. 3. Ordered Kit from Instructor