



**San Shou Kuan**

**Applicant details:**

# SAN SHOU KUAN

Regional Grading application form

Please complete in **BLOCK CAPITALS**

First Name:	
Last Name:	
Date of Birth: dd/mm/yyyy / /	
Address:	
Address 2:	Postcode:
Present Grade:	Weight (Kg):
Last Graded: / /20..... @	Height:

**Things to Bring / Student Checklist:**  
 i) SSK Uniform ii) £20 grading fee  
 iii) This form SIGNED by your Sifu  
 (Certs only issued if membership valid)

Mobile no:
Email address:
Occupation:

I fully understand and agree that I take this grading and carry out my duty entirely at my own risk, San Shou Kuan and it's examiners, instructors are not liable for any personal injury or death, or loss, or damage to any property whether or not resulting from negligence, default, wilful act, omission or otherwise. All deposits or fees are non refundable.

**Signed by Applicant (OR parent/guardian if under 18):**

Signed:	Date: ..... / ..... / 20 .....
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**Instructor / Examiner sections ONLY:**

Membership Validated on:	Signature:
Number of classes completed (min 16 hours):	Validated by instructor (Sifu):
	Signature:

Grade	Forms (Fo)	Mark	Fixed Sparring (Fx)	Mark	Free Sparring (Sp)	Mark	Overall Mark
8	Stances Pre-Tests: L.Fr St [ ] R.Fr St [ ] R.St [ ] (#3. Fx) L.B.St [ ] R.B.St [ ] L.B.St [ ] R.B.St [ ] (tick or X)						
	Luo-Harn Ch'ao		3 Step		(no sparring yet)		
7	Kick demo Pre-Tests: Right Leg; Front Kick [ ] [ ] [ ] Side Kick [ ] [ ] [ ] Turning kick [ ] [ ] [ ]						
	Kick demo Pre-Tests: Left Leg; Front Kick [ ] [ ] [ ] Side Kick [ ] [ ] [ ] Turning kick [ ] [ ] [ ]						
	Ch'arng Ch'eun 1		3 Step Leg		(no sparring yet)		
6	Ch'arng Ch'eun 2		2 Step		Free Sparring (Sp)		
5	Ch'arng Ch'eun 3		1 Step + Breakfall: rear + front		Free Sparring (Sp)		
4	Ch'arng Ch'eun 4		Self Defence x8 +Bf: side+ role		Free Sparring (Sp)		
3	Ch'arng Ch'eun 5		Leg Technique		Free Sparring (Sp)		
2	Ch'arng Ch'eun 6		Takedown/Throwing/Escape		Free Sparring (Sp)		
Form (Fo) Feedback		Fixed Sparring (Fx) Feedback		Sparring (Sp.) Feedback			

General comments